

Bring your child to Little Spurs Pediatric Urgent Care for all of their minor illnesses and injuries! Open seven days a week, Little Spurs treats children 0-21 years old.



Book Now

Fever is a body's natural way of signaling to us that it is fighting infection. In children, fever is typically defined as a temperature over 100.4 degrees and caused by a variety of illnesses and infections, or even after routine immunizations. Fevers are common and usually not dangerous, but they can make your child uncomfortable! Here are our tips for managing fever at home and when to see a doctor:

Managing a Fever at Home

To help your child feel more comfortable, you can:

- Dress them in lightweight clothing and use a light blanket.
- Offer plenty of fluids to prevent dehydration.
- Use acetaminophen or ibuprofen if needed, following the correct dosage for your child's age and weight.

When to See a Doctor

Most fevers are harmless and go away on their own. However, it's important to contact a healthcare provider if your child:

- Is having trouble breathing.
- Has a stiff neck or is unusually drowsy.
- Any occurrence of a seizure.
- Is younger than 3 months (and has a fever).
- The fever lasts more than 3 days.
- Your child has a fever of 104 degrees or higher.

Pro Tip: When your child has a fever, it is crucial that you keep them hydrated. Fever can lead to dehydration quickly, especially if they are not eating or drinking as usual and this can lead to more health concerns for the child. We hope these tips are helpful to you and your family!

